

Valley News

August 2014

No 214

News & Views from the Cherwell Valley



LEST WE FORGET

August 4th 1914



14 July 1914—Front page message on the Bicester Advertiser

READ THIS OUT LOUD!

EVERY BRITISHER, WORTHY OF HIS NAME, WHO IS YOUNG AND UNMARRIED, WILL, IN SOME CAPACITY, JOIN THE ARMY AT ONCE

THIS IS WALTER GEORGE'S MESSAGE TO YOU THIS WEEK

GOD SAVE THE KING

It is sobering to think that this is the popular jingoism of the time that swept the country and coerced so many young men to join up, and as a result 38 young men from the Cherwell Valley gave the ultimate sacrifice in the Great War

Somerton

John Allen
Frederick Hollis
Albert Lewis
Harry Stevens
William Watts
Henry Watts
Harry Wise

Upper Heyford

Arthur Allen
Jesse Bayliss
Joseph Boddington
Corin Cooper
Christopher Dale
Robert Dale
Albert Golder
Benson Golder
Tom Izzard
James Norman
George Scraggs
Jesse Scraggs
Tom Slatter
Fred Wilson

Lower Heyford

John Adams
Henry Hazell
Albert Hounslow
George Larnar
Edwin Maccabee
John Manley
Harry Norman
Thomas Pearman
Frederick Perks
Albert Waddup
George Waddup

Rousham

Humphrey Cottrell-Dormer
Clement Cottrell-Dormer
Charles Cottrell-Dormer
Henry Parker
William Putt
James Tuck

So many familiar local family names - **WE WILL REMEMBER THEM**

Valley News is delivered FREE to every household in:

Caulcott – Heyford Park – Lower Heyford - Somerton – Upper Heyford

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Also published on line www.upperheyford.com

Church Services in the Valley

The Cherwell Valley Benefice in the Diocese of Oxford		www.cherwellvalleybenefice.org.uk
For further details about services or requests concerning baptisms, weddings or funerals please contact the benefice office		
Rev Stephen Griffiths	01869 233249	stephen@cherwellvalleybenefice.org.uk
Rev Peter Bernhard	07970855354	peter@cherwellvalleybenefice.org.uk
Mr. John Hine (LLM)	01869 278565	john@hineandco.com
Benefice Office	01869 233687	administrator@cherwellvalleybenefice.org.uk

	Ardley St Mary	Fritwell St Olave	Lower Heyford & Caulcott St Mary	Somerton St James	Souldern Annon to the BVM	Upper Heyford St Mary	Heyford Park The Chapel
3- Aug	08:30 1662 HC	11:00 Family Worship	11:00 1662 Communion	No Service	11:00 Matins	9:30 Traditional language Communion	11:00 Holiday Club Service
10- Aug	9:30 Com- mon Wor- ship Com- munion	08:30 1662 HC	No Service	9:30 Bene- fice Sunday Club	11:00 Sung Eucharist	9:30 Matins	11:00 Contemporary Worship
17- Aug	9:30 Morning Prayer	11:00 Family Worship Communion	11:00 Morning Prayer	09:30 Matins & HC	08:30 1662 HC	9:30 Morning Prayer	11:00 Contemporary Worship
24- Aug	9:30 Baptism	6:00 Evensong	11:00 Family Communion	9.30 Family Worship Communion	11:00 Said Morn- ing Prayer	08:30 1662 HC	11:00 All Age Service
31- Aug	Benefice Communion Service 11am Heyford Park Chapel						
7- Sep	08:30 1662 HC	11:00 Family Worship	11:00 1662 Communion	No Service	11:00 Matins	9:30 Traditional language Communion	11:00 Contemporary Worship
14- Sep	9:30 Com- mon Wor- ship Com- munion	08:30 1662 HC	11:00 Morning Prayer	9:30 Bene- fice Sunday Club	11:00 Sung Eucharist	9:30 Matins	11:00 Contemporary Worship Communion
21- Sep	9:30 Morning Prayer	11:00 Family Worship Communion	11:00 Family Worship	09:30 Matins & HC	08:30 1662 HC	9:30 Morning Prayer	11:00 Contemporary Worship
28- Sep	9:30 Family Worship	6:00 Evensong	11:00 Family Communion	9.30 Harvest Festival	11:00 Harvest Festival	08:30 1662 HC	11:00 All Age Service

Services described as 1662, Matins or Evensong follow the traditional form as laid out in The Book of Common Prayer. Services described as CW (Common Worship) use modern language and follow the revised form given in the Common Worship Service and Prayer Book. Services described as Family Worship or Contemporary Worship are suitable for all ages, including children.

Please note that services may change during the period so please check pew sheets, web or noticeboards

RIDE+STRIDE

It is time to start the preparations for this year's Ride and Stride event which this year is to be held on **Saturday 13th September**. It is Oxfordshire Historic Churches Trust's 50th anniversary this year and a new website has been launched in the last few days; please take the time to visit it at www.ohct.org.uk.

Please support your local church by walking, cycling or welcoming visitors at the church

CHERWELL VALLEY BENEFICE

Dear Friends,

A while ago a colleague of mine shared this prayer of preparation with me.

Before the Service Begins...

Let me come into the church of God

to meet the Spirit of God.

Not to give religion an hour

but to live in the Eternal.

Not to maintain a decorous habit

but to bow in the holy place

before the Holy One.

Not to judge the words of the preacher

but to draw life from the Word

and Truth everlasting.

Not to be moved or soothed by the music

but to sing from the heart divine praises.

Not that my eyes roam over architecture

but that by soul looks up to the King in His beauty

and my heart prays for His children.

Not that my thoughts escape out into the world

but that I may be still and know that You are God.

Let me go again and again into the house of the Lord,

And be glad and give thanks,

and adore my King and my God.

I've often returned to it in order to recapture the heart of worship. Of course many things might attract us to church: preaching, people, music, architecture, liturgy, stillness. These are all good and godly things. But how willing are we to let God speak to us through them? They each have potential for communicating something of God to us, as we meet with the Spirit of God, but sometimes they remain the object of our focus. Jesus was famously critical of external religion that failed to honour God. He challenged the Pharisees on their use of the Scriptures: 'You diligently study the Scriptures because you think that by them you possess eternal life. These are the Scriptures that testify about me, yet you refuse to come to me to have life' (John 5:39-40). The Old Testament and New Testament combine to give us a true picture of God's plan and purpose for us and our world. They prepare us for and present to us Jesus Christ in his historical context. But we would be foolish to let our search for God stop where the ink meets the page. The Spirit of God (mentioned in the prayer above) enables Jesus to 'walk out from the pages of Scripture and into our lives' (as one writer has put it). When this happens the Scriptures becomes God's word to us, rather than an enigma to be solved. The Bible is a letter of introduction to the living Lord Jesus, who alone can bestow the gift of eternal life that the Pharisees were searching for. Something similar can be said for the music, architecture, liturgy, peace and space that our churches offer. They can convey something of God to us, a glimpse of glory which needs to be explored. But let's remember that the traffic moves in both directions on the road of faith. On a recent trip to Paris my wife Cally and I spent some time looking at the icon paintings in the Petit Palais Museum. Icons are designed not only to be looked at but to look back at you. Just at the point where you think you have understood the meaning of the picture you begin to realise that you are the one being watched. The important thing becomes our attitude: am I willing to be humbled by what God reveals to me? As the prayer suggests, true worship is not so much about our judgement over what is going on in church, but our willingness to let God address us through our experience. True worship begins when we realise that God has looked at us, understood us, loved us, held us in his gaze and raised us up as his sons and daughters.

Yours in the service of Jesus Christ,

Stephen

WHAT'S ON IN THE CHERWELL VALLEY

CREAM TEAS
Upper Heyford Reading Room



Sunday 10 August
2—4pm just £2.50



Tombola prizes wanted

for the Upper Heyford Autumn Show

Please help to make it a fun day
Bottles, toys, chocolates, perfume
unwanted presents, games etc
In good condition

Required by week commencing
15 September please
(collection can be arranged)

Contacts: Susan 233071
Melinda 233664



**COME
ALONG
AND BRING
A SMILE**

**MACMILLAN
CANCER
SUPPORT**

IT'S TREAT TIME

UPPER HEYFORD READING ROOM
Saturday 27 September 2—4pm

*Time to catch up with friends, every coffee
and every cake helps support someone
affected by cancer*

If you can't make it please consider making a
cake or a donation to this most worthwhile
cause

Contacts: Ann, Brenda, Maureen, Sheila,
Susan & Veronica

Tombola & Raffle,
Locally made preserves and jams



**WHO SAID BOWLS IS
AN OLD PERSONS
GAME?**

On a very warm July evening a group of teenagers
from Steeple Aston Youth Club played bowls at the
Lower Heyford Bowls Club, and once they had
mastered the way to use the weighted side of the
bowl there were some very good players. The boys
were accompanied by two adult leaders who also
joined in and by the end of the evening there were
some very tired arms.

So if you are reading this and fancy a go you can
come along to the club any Wednesday evening
between 6 & 7.30pm and have a go free of charge.
Or call me on 01869 232457 if interested in joining.
We are still looking for new members so come along
and have a go—**don't let the club go out of
existence through lack of members**

REMEMBER, REMEMBER, THE 20TH SEPTEMBER

Enter into the spirit and join us as a volunteer.
Enter into the fun and come along on the day!

Call Alison on 01869 233696 or email alison_a_graham@hotmail.com



ENTER INTO THE FUN!

LOOK OUT
FOR THE FULL
SCHEDULE
COMING
SOON

**AN EXHIBITION
ABOUT THE IMPACT OF THE GREAT
WAR IN THE CHERWELL VALLEY & BEYOND**

**ST. JAMES'S CHURCH SOMERTON
Wed. 10th September – Thurs. 19th September
11.00 a.m. - 5.00 p.m.**



**Remembering the men of Somerton and also relatives of
present residents of the surrounding villages.**

**For more information or if you would like to be involved please call
Rosemary Arnold 01869 345439
deddlib@hotmail.com**

THE ROYAL BRITISH
LEGION



*“The lamps are going out all over
Europe, we shall not see them
lit again in our lifetime.”*

Words spoken by Sir Edward Grey,
Foreign Secretary in August 1914.



© IWM (HJ 112613)

LIGHTS OUT – One Million Candles to Remember

11pm, Monday 4th August 2014

LIGHTS OUT is an invitation to everyone in the UK to turn off their lights from 10pm until 11pm, leaving on a single light or candle for this shared moment of reflection to mark the 100th Anniversary of the date Great Britain entered the First World War.



Available from 4 July

The Royal British Legion invites you to take part in this national moment of reflection and we will be holding a candle-lit vigil to mark the Centenary. Please bring your own candle or a special Centenary Candle, available from your local M&S (www.marksandspencer.com). All profits from the sale of Centenary Candles will support serving members of the Armed Forces, veterans of all ages and their families. Please come and pay your respects to all those who sacrificed their lives during this conflict. **Heyford and District Royal British Legion will mark the occasion with a short service.**

All are welcome. Please meet at:

Place

Upper Heyford Memorial Cross

Time

10:00pm



**For more information please contact:
www.britishlegion.org.uk/lightsout #lightsout**

Registered Charity No: 219279

Mike Lawrance
(Squadron Leader RAF (Ret'd))
Chairman Heyford & District RBL
Tel: 01869 232828

**We are delighted to welcome Rev'd Geoff Price as our next team vicar
and his wife Hope**

Stephen, the Team Rector, has asked me to write something about myself. I was born on the Gower Peninsular, and had a love of agriculture from an early age. I attended agricultural colleges in Lincoln and Bedford, with a year's V.S.O in Zambia, looking after Young Farmers. After college I worked on the farm at Lee Abbey, North Devon, as a member of the Christian community. This is where I met Hope who was then a student nurse in London. Our first home was a tied cottage in a village called Penn in Buckinghamshire, where I worked as a stockman on a large farm, with free milk and free fire-wood! During this time Hope worked as a Health Visitor and we were involved in the village Parish Church.



My training in agriculture and Hope's as a nurse, well prepared us for missionary work in Rwanda, Africa, where I worked as an agricultural missionary and began to have a vision for forestry. We went abroad with Luke aged 17 months and Naomi was born in Rwanda. After four years due to Hope's major illness, we returned with our children, Luke & Naomi, to England, where Hope was dramatically healed by the Lord.

It was then that I was invited to work at Waltham Abbey in Essex as a Lay Pastoral Worker on a housing estate. I had come out of the middle of Africa into an urban world. While there I had a growing call into the ordained Anglican ministry. I trained at Oak Hill Theological College for two years, which I thoroughly enjoyed.

My first curacy was at Great Baddow in Essex, which was followed by a Curate-in-Charge post near Wimborne, Dorset. I looked after a rural and a suburban Church and within two years became Vicar of these two Churches. Our next challenge was Market Drayton, in Shropshire, with two country Churches in the Benefice. I had always wanted to work in a market town, and we had six very fruitful years of ministry there.

During this time Hope published a book "Angels" and together we wrote "Miracles". This was a new venture for us and we are still being invited to speak on these subjects, which is such a privilege. Luke, our son, trained as a film editor, and married Helen, who is currently training to be a nurse. They have four children – twins, Jude and Francesca, now 12, Amelie 9, and Noah nearly 7. We love having grandchildren! As a family they worship at a Vineyard Church in Bournemouth. Our daughter, Naomi, married a musician, Simon, who has since trained for the Anglican ministry. They are just coming to the end of a four-year curacy in a large Church in Leamington Spa, so they are now looking for a Vicar's post.

Our next ministry was in Suffolk, where I was invited to be the first incumbent of a new Benefice of three Churches in Ipswich. The Churches were very different - one near the docks, one in the town and another in the suburbs. A text which has meant a lot to us is Jeremiah 29:11 "The plans I have for you, says the Lord, are not for evil, but for good; to give you a future and a hope."

The next plan God had for us was to move to London, at Bedfont, near Heathrow! Being in the Borough of Hounslow, it is very multi-cultural. Here we are surrounded by planes, and traffic everywhere, but there are sheep grazing on the sides of the reservoirs! We've been at St. Mary's Bedfont for nine and a half years, which is the longest we've lived anywhere! For Hope and myself, coming to Cherwell Valley Benefice, is a further step on our pilgrimage of faith. We look forward to getting to know you and sharing the future with you all. With Christian greetings, Geoff.

**Geoff will be licensed by the Bishop of Dorchester on Thursday 11th September 7.30pm at St. Mary's Lower Heyford. Please come along to join in this special occasion. It will also be an opportunity to see the excellent refurbishment work at St. Mary's Lower Heyford.**

What's going on at Cherwell District Council?

Councillor Calling

Democratic deficit: this month saw an unusual Special Meeting of the Council, convened out of sequence to meet a deadline for submissions to the Local Government Boundary Commission for England. As I've previously reported, they step in to redraw council wards whenever population movements mean that some have grown too big while others are too small, giving some voters an unfair advantage over others.

Unfortunately, the LGBCE seems to be a quango of retired civil servants and others with no hands-on experience of local democracy, whose attempts at improvement will make things very much worse indeed. For some reason they don't like our system of electing a third of the council each year, despite the fact that this gives continuity of policies, avoids election gimmicks and giveaways and ensures councillors are alert to the feelings of residents all the time, not just once every four years. To discourage this, they insist it can only be done where there are huge, three-member wards which, while it seems to suit our towns, is plain daft in rural areas where lumping together up to twenty communities will be hugely damaging to democracy at a time when it's already hard enough to get people interested in taking part.

As a councillor, potentially sharing a ward with two others of different parties, keeping up ties with parish councils will become practically impossible and detailed local knowledge very difficult. Attempting to be everywhere across such large distances would impose an impossible workload – remember most have to fit this in between a full time job and their families, let alone any other interests. As a parish council, it will become very difficult to know who to turn to for help, while connections with residents will become ever more tenuous. So much for "localism"! A cynic might think the LGBCE agenda is to squeeze out independents and small or new parties, who won't have the local connections or resources to gather votes over such huge distances – whatever their motives, there's going to be real damage to local democracy.

Sadly, their rules are so rigid and numerical straitjackets so tight that the council, to have any influence over the outcome, has had to fall in line. To try and avoid any rancour, we set up an all party group and, happily, apart from one minor boundary spat within Banbury, which was so arcane as to baffle me, our submission was unanimous. You can see the resulting map on the CDC website. The only way to make the figures work was to split the Astons & Heyfords ward along the Cherwell – which at least has a good historical basis! We will, assuming the LGBCE doesn't have its own daft ideas, be divided among two mega-wards:

Adderbury, Astons & Deddington will consist of the Astons, Duns Tew, Deddington, Adderbury, Milton, the Barfords, South Newington and Wigginton.

Fringford, Heyfords & Launton will consist of the Heyfords, Somerton, Fritwell, Souldern, Ardley, Middleton Stoney, Stoke Lyne, Hardwick, Cottisford, Hethe, Fringford, Mixbury, Finmere, Newton Purcell, Stratton Audley, Godington, Launton and Blackthorn.

As you can see, a mathematical triumph and a democratic disaster! What on earth does Launton, effectively a large adjunct of Bicester, have in common with Somerton? I rest my case...

There will now be a period for "consultation" and you can tell the LGBCE what you think but, as the council has found, you cannot achieve sensible single-member rural wards within the rules they impose and, as they are in effect accountable to nobody but themselves, that's it.

Oddly, the Astons & Heyfords will have one last hurrah, when Mike Kerford-Byrnes stands next year (at the same time as the General Election), before this monstrosity is imposed in 2016, so you'll be asked to vote three years in a row. As this year had the Euro election and next year is a General, I suspect that by 2016 our enthusiasm for elections might be waning. I'll certainly have to think hard about whether, after serving you for 14 years and three elections, this ridiculous new burden isn't beyond the call of duty. If there's any masochists out there, now might be your opportunity....

James Macnamara

The Warreners Club, Upper Heyford

At our June meeting we had 15 guests from Kirtlington Welcome Club who joined in the fun of a picture quiz, played bingo and enjoyed the usual delicious tea.

On July 9th 28 members had lunch at The Harvester, Kidlington, some members taking advantage of the local bus service. Members were able to select from a full menu, and pay the additional cost where applicable. It was a very enjoyable occasion.

We have a talk at the August meeting on the 13th when Colin Oakes will tell us how the street names of London came about. He is a very professional and amusing speaker, so any non-members would be most welcome to attend (just £3).

There is a change of plan for the September meeting on 10th, it will be a normal meeting with a picture quiz; the Harvest Lunch will now take place at the October meeting on 8th.

Warreners meet on the second Wednesday of each month in Upper Heyford Village Hall from 2 to 4pm, new members would be made most welcome.

Contacts: Ann, Brenda, Sheila & Veronica

POETRY CORNER

Ozymandias

Percy Bysshe Shelley

I met a traveller from an antique land
Who said: "Two vast and trunkless legs of stone
Stand in the desert. Near them, on the sand,
Half sunk, a shattered visage lies, whose frown,
And wrinkled lip, and sneer of cold command,
Tell that its sculptor well those passions read
Which yet survive, stamped on these lifeless things,
The hand that mocked them and the heart that fed:
And on the pedestal these words appear:
'My name is Ozymandias, king of kings:
Look on my works, ye Mighty, and despair!
Nothing beside remains. Round the decay
Of that colossal wreck, boundless and bare
The lone and level sands stretch far away".



Percy Bysshe Shelley was born in 1792 and was drowned, probably accidentally, in a boating incident in Italy a few weeks short of his thirtieth birthday. Although he is now seen as one of the leading English Romantic poets, his political views - and his willingness to express them - conspired to prevent his achieving widespread recognition during his short lifetime.

His formal education took place at Eton College, where he had a miserable time and made no friends, and at University College, Oxford, from which he was expelled following the publication of a pamphlet entitled *The Necessity of Atheism*. His personal life was also somewhat turbulent and unconventional, but his literary output was very impressive.

Given this background and his well known anti-monarchist views, it is hardly surprising that his opinion of *Ozymandias* is harsh and couched in biting irony. *Ozymandias* is better known today as *Ramses II*, the longest lived of the ancient Egyptian pharaohs and a man renowned for his apparent military prowess and for the huge building programmes he undertook. Some believe that he is the pharaoh referred to in the Biblical book of *Exodus*. He was also the only pharaoh to have himself depicted as a god during his own lifetime, something he did at the temple he built at *Abu Simbel*.

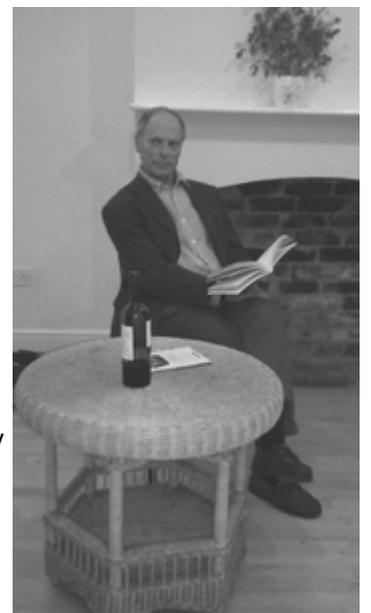
The beautifully crafted sonnet describes the shattered remains of a gigantic statue lying amidst a scene of complete desolation. The irony is contained in the inscription on the pedestal. Well might the "Mighty" despair when contemplating the fate of the monument that was intended to stand forever as a tribute to the greatness of its subject.

But the irony does not end there, although Shelley could not have known this. The mummified body of *Ramses II* now rests in the Egyptian Museum in Cairo where, for a modest surcharge, tourists may gawp at the three thousand year old last earthly remains of the "king of kings". The experience, however, is barely worth the surcharge. I remain undecided as to whether the radical Shelley would have approved.

Bob Menzies

On Monday evening July 7th the Poetry Group was treated to a visit from the poet Lawrence Sail, who came all the way up from Exeter to read a selection of poems - and a hilarious piece of prose on the "silent" carriage in trains - from his nine collections. Sail, a gimlet-eyed and sprightly septuagenarian, gave the Reading Room audience an evening of sheer magic. There is something very intimate and special about a fine poet reading some of his favourite pieces, and from the reaction of the listeners it was very tangible. Spontaneous applause and audible sighs of appreciation followed each poem and Lawrence cast his net widely over four decades of verse ranging from Kenya to the Alps to his native Devon, and a favourite theme: the sea - choosing poetry that was accessible, firmly grounded in the natural world but seen with a very particular eye. He compared a cable-car with an ape suspended one-armed from a tree, a game of snooker with gunslingers and a God with white gloves re-arranging planets. Pictures were painted vividly in the mind's eye and we were left at the end of the evening with our vision refreshed and the world seen in a new light. That is surely what poetry, and especially a live poetry event is all about! Thank God for proper poets and thanks too for all the behind-the-scenes help (you know who you are) that makes this village so special to live in, and welcoming to visitors.

Richard Bailey



NEWS & VIEWS FROM THE CHERWELL VALLEY

Clean Slate Charity Event

Mum & Daughter Pamper Day
27th August 10am – 4pm

The Chapel, Brice Road, Upper Heyford.

£2.50 per Mum & Daughter.
(which will include refreshments)

Please pre book your tickets so you won't be disappointed.

Come and join us for a day of pampering before the new school term starts. We have Brightside Therapies and The Finishing Touch team and more will be coming to provide their services. For little daughters we will be providing a fairy princess makeover. There are stalls to buy products from, a nearly new clothes sale, a raffle and refreshments.

If you would like to buy your tickets or book stall to sell your products.

Please contact 01869 232461
or email.office@cleanslate.org.uk

Hair Braiding, Hair-up, dry Trim from £5.00

Swedish massage £12.50, Seated Massage £5.00

Makeover, Mini facials

Lashes from £5.00

Fairy Princess Makeover £5.00 with picture £7.50

Mini Manicure, pedicure, files and polish from £5.00

Jado Kuin Do classes in
Upper Heyford Village Hall in September

My name is Kate Leach and I have been training in the Martial Arts Jado Kuin Do for 4 years. Master Jake Ogden, the founder of Jado Kuin Do, has created a gentle exercise class and art form, for those who do not want the fast paced, high energy of a Typical Martial Arts class. Jado Chi is for the Body and Mind. It helps with balance, manoeuvrability, muscle strength and you will leave the class feeling relaxed, leaving your stress behind you. I enjoy a fast paced exercise class but slow and gentle exercise with the chance to relax and breath is a must in today's world. Jado Chi is for anyone of any age. If you need to unwind, relax with a slow and gentle exercise class, where you will learn, stance work and movements, then this is for you. Movements will be learnt and repeated over time until you are comfortable enough with the movement to do it with your eyes closed, then more movements will be added. I look forward to sharing this class with anyone looking to create balance so you are ready to face life's challenges. If you are interested or would like more details, please contact : Kate Leach – 01869 277920 kateleach67@aol.com Classes will be starting mid September in Upper Heyford village hall.

Coming down your way soon!

A book about our valley. What the building of the canal (in 1790) and railway (1850) did for our ancestors. And what it tells us today about the building of HS2. A must for waterway/steam train enthusiasts.

Peter Deeley has written and published:

“How remote was our valley-before canal & railway”

Copies will be available by the end of August. £5 (£4 to locals) £6 with p & p. He can be contacted in advance by email on

peter.deeley357@btinternet.com or write to
2 Knapton's Croft, Lower Heyford OX25 5NR

Community Market 2014

Souldern Village Hall
9:00am-12:00noon

Next market September 20th
There is no market in July or August

To book a stall for the September or October markets or for the Christmas Market in the Church please contact:
Tel: 01869 345931 or email:
barbara.mcgarra@gmail.com for further information

Heyford Park Community Shop

The shop is now open and stocks every day essential items plus Fresh Sandwiches prepared daily, Freshly Baked Bread, Fresh Fruit, and Vegetables, plus a Cafe

Open Mon-Fri 7am to 7pm
Sat 8am-6pm Sun 9am-1pm

Please support the Community Shop as it is run by residents for the local community.

'The winner of the Best Back Garden on Heyford Park will be opening her garden in aid of Katharine House Hospice on Sunday 3rd August 11 - 4pm. 17 Roper Road, Heyford Park, OX25 5TS. Entrance by donation'

St Mary's, Upper Heyford Tower Lighting

5th May	In celebration of the birthday of Brian Boardman. 'Happy 80 th birthday, Brian, with very best wishes from Wendy and Michelle.'
21 st May	In celebration of the birthday of Stewart Pratley. 'All my love forever, Sue.'
28 th May	In celebration of the 94 th birthday of the late Mrs Doris James. 'With love from Maureen, Peter, Paul, Debbie and little Grace.'
30 th May	In memory of the late Mr. Jimmy James who died in 2004. 'With love from Maureen, Peter, Paul, Debbie and little Grace.'
1 st June	In celebration of the birthday of Bob Menzies. 'Happy birthday Bob on this your special day.' With love and affection, Hansa. x.
7 th June	In memory of the late Kathleen Smith, who died in 1975. 'With love from Jim.'
10 th June	In celebration of the birthday of David Dean Barker; a native and former resident of Upper Heyford who now lives in Florida. Happy 50 th birthday, love Dad.'
15 th June	In celebration of the birthday of the late Christine Smith. 'Greatly missed by Roland, Stephen, Helen, Catherine, Todd and David.'
16 th June	In celebration of the birthday of the late Grace Smith. 'With love from Jim.'
18 th June	In celebration of the birthday of the late Gilbert (Jack) Brain. 'With love from your daughter, Ann'.
22 nd June	In memory of the late Sandra Jayne Brain who died in 2007. 'All our love, Sally, Rob, Lilly Jayne and Georgie.'
30 th June	In celebration of the birthday of Sue Prattley. 'Happy birthday Sue. All my love, Stew XX.'

Upper Heyford Cider Making Days

Sunday 5th & 19th October 2014, 2 – 4pm

Venue: South View, Orchard Lane

This will be the third year the village has produced its own Cider from the many fruit trees adorning our gardens. I remember the first year, we nervously gathered attempting to produce a single barrel of 25 litres. Last year we managed to produce 3 vats of 25 litres over the course of three Sundays. This year, I have high hopes and enormous confidence, that we are capable of producing 100 litres. I believe we can do this easily over two sessions by introducing two separate production lines.

At our first production day last year, we had an enormous turnout of over 30 villagers keen to help produce the golden nectar. However as the production line only required 10 operators, most ended up sitting around drinking tea and coffee, very sociable but not too productive. By the third session some weeks

later, enthusiasm had understandably wained and we struggled to achieve the 10 volunteers needed to make a production line. So this year, thanks to Ron Hawkins' construction skills, we now have two apple presses so can run two production lines simultaneously producing 25 litres each. With two Sunday sessions, we should easily produce 100 litres, more than enough to supply all the village needs.

The 75 litres we produced last year has been welcomed at many village events. We celebrated lighting the Christmas tree (more of a bush than a tree) opposite bunny row with the help of mulled Upper Heyford Cider. The second batch was distributed amongst the many volunteers as reward for their efforts. The third batch was reserved for the Summer Solstice Party as well as prizes for Art Weeks and, Soup Sundays and the Flower and Produce Show.

This year, to be more organised I am giving plenty of notice for Cider Making days to reserve the dates in your diaries. There are two events both on Sundays from 2pm – 4pm on October 5th and October 19th. We are looking for around 20 – 30 volunteers for each session. It should be a very relaxed affair with everybody able to have a go as well as refresh themselves with a cup of tea or coffee while catching up on village affairs.

As usual both events will be hosted at South View. Families are welcome as kids love to help and are rewarded with fresh juice straight from the press. If you have apples to spare please bring them along.

If you haven't been before and would like to see what happens, we would love to show you around and explain how it works. You can also get involved and help make the cider.

RSVP Mike Hardcastle, South View, Orchard Lane (Opposite the Tchure)

Email: mike@mikehardcastle.com Tel: 01869 233919



Cider pressing, two workers, one supervisor!



**Oxfordshire Towns & Villages set to grow by 40% in 17 years!
What does this mean for Cherwell District and Upper Heyford?**



The Oxfordshire Strategic Housing Market Assessment (SHMA), set up under new government regulations, says that Oxfordshire needs over 100,000 more houses by 2031.

The Campaign to Protect Rural England (CPRE) says that *'This growth is one of the most serious threats to face the Oxfordshire countryside in recent years'*. They argue that the analysis of 'housing need' is flawed and misleading. The figures are driven by unrealistic economic development plans prepared by an unelected and unaccountable organisation, led by the private sector and not subject to public consultation.

A housing increase of this size would put enormous pressure on local communities:

A huge increase in traffic

Extra stresses on access to local services like doctors, hospitals, dentists, schools etc
Pressure on the countryside including the Green Belt.

Already Cherwell District's new Local Plan has just been turned down by the inspector because it doesn't meet these ridiculous numbers. The District is vulnerable to predatory developers until they can get a new plan accepted –if an application is turned down they will be likely to get it on appeal because there is no Local Plan. This applies to villages as well as towns.

What does this mean for Upper Heyford? The Dorchester Group already has permission for over 1,000 homes on Heyford Park (new or refurbished). How many more will now be earmarked for the site in the light of the above figures? What impact would that have on the surrounding villages?

If you feel that the figure of over 100,000 new houses should not be IMPOSED upon the residents of Oxfordshire including Upper Heyford please take any or all actions listed below:

1. Support the Parish Council by joining the group working on these issues. Contact Parish Clerk Jack Goodman 01869 232722

2. Write to or email your MP, Tony Baldry and The Prime Minister to express your views. Rt.

Hon. Sir Tony Baldry MP, House of Commons, London. SW1A 0AA

tony.baldry.mp@parliament.uk Telephone: 0207 219 6465

- The 'Housing need' figures seem much too high, and the public hasn't been consulted
- Huge Increase in traffic, even more pressure upon Oxfordshire roads.
- The health and well-being implications of increased traffic upon existing residents have not been taken into account.
- Such targets couldn't be achieved in a sustainable way, without damaging our local environment and overwhelming our infrastructure and community services?
- The figures are being driven by economic development plans produced by an unelected and private-sector-led organisation, and not subject to public consultation.
- Some of the intended growth is being justified by the need for 'affordable housing' – this is needed, but how affordable and by whom?
- Even building houses on this scale won't bring prices down to affordable levels or meet local needs – it will just attract migration into the County, increasing commuting and going against sustainability.

3. PLEASE Support CPRE: join, donate, offer to help. CPRE are 'Standing up for your countryside'. Take a look at their website www.cpreoxon.org.uk. We need all the help we can get.

Please take ACTION and stand up for your village, community and countryside.



A Way of Caring
Registered Charity No 297099
East End, Adderbury
OX17 3NL



Care for a Cuppa!

Following the success of our first ever **Care for a Cuppa** campaign in March which raised over £10,000, we're running ours again in September. We're inviting supporters to organise a coffee morning or afternoon tea for Katharine House between Saturday 13th and Sunday 21st September. You provide the 'cuppa', cake and chat and we will provide a Care for a Cuppa fundraising pack complete with posters, balloons, recipes and top tips to make your event a success. Simply ask for donations on the day for coffee and cake, or hold a raffle or sweepstake for something a little different- the possibilities are endless! To receive your pack, please call Sarah Brennan on (01295) 812161, or email sarah.brennan@khh.org.uk.

We would also love to hear from local schools & playgroups, Lions & Rotary clubs, WI's & NCTs. In fact, we'd be delighted to hear from any local business or community group who'd like to hold an event.

Katharine House Festival of Open Gardens

11am – 4pm, Sunday 3rd August, 17 Roper Road, Heyford Park (OX25 5TS)

A small cottage style garden with hardy perennials, shrubs and bulbs; also a wild flower meadow. Entrance by donation. Dogs on leads and children welcome.

1-5pm, Sunday 14th September, Wardington Manor, Wardington (OX17 1SW).

A variety of different gardens over four acres; beautiful wisteria-draped house, kitchen and cutting gardens and elegant tree-lined walks. Refreshments available and KH Hospice stall. Entrance £5 (children free). Dogs on leads welcome.

'Lynn's Day' – Family Fun day

This fantastic fundraiser will be held from 8am till late on Saturday 6th September at Chipping Norton Football Club. There will be a car-boot from 8am - 11am; pitches are £6 and can be booked by calling 07855 290012. A football match, pool competition and horse racing will held, alongside children's stalls, games, face-painting, BBQ, raffle and auction. This will all be topped off by live music from the band, *Chaser*. All proceeds to KHH.

Broughton & North Newington Sports and Social Club Cricket Match

This year's annual Twenty 20 cricket match will be held from 1pm on Sunday 7th September at the Broughton & North Newington Social Club. Spectators are invited to come and watch the match and a BBQ, bar, bouncy castle, raffle will also be on offer! Proceeds to KHH.

Save the Date! Faure's Requiem Workshop and Concert

Saturday 25th October, St. Mary's Church, Banbury

Internationally renowned choral director, Stephen Barker, will be holding a one-day workshop of the beautiful Faure's Requiem at St. Mary's Church, Horsefair, Banbury, in aid of Katharine House. The workshop will run throughout the day and the Requiem will then be performed as part of a concert at the church during the evening. Also an accomplished organist, Stephen will perform a variety of pieces, including J.S Bach and Lefebure-Wely.

Places for the workshop will be limited and we therefore encourage supporters to book early to take advantage of this rare opportunity. Tickets for the workshop will be £10, and for the evening concert, £10 (£5 concessions). For

further information and to register interest, please call Sarah Brennan on (01295) 812161 or email sarah.brennan@khh.org.uk

Village Champions Needed

We are looking for new Village Champions to help us promote KHH's various fundraising events and initiatives by putting up posters and flyers throughout your local community in shops, post offices and prominent noticeboards. If you could spare a couple of hours every month to help us we would be very grateful! To become a Village Champion please call Helen or Sarah on 01295 812161.

Are you following us on Facebook and Twitter?

Our Twitter and Facebook pages are gaining followers daily and are an excellent way to keep up to the minute with our news and events. Find us on Facebook at www.facebook.com/katharinehouse and on Twitter you can follow us @khhosp. Come and visit and say hello!

Thank you, **Sarah Brennan** Community Fundraiser

The Heyfords WI

Formed January 1935

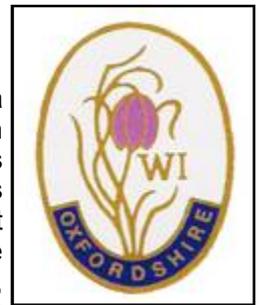
Our May meeting comprised of a light meal and a discussion on "Increasing organ donation" – this being the resolution given for this year, each year we have a different resolution to discuss, we then take a vote for or against the resolution, which is then forwarded to our representative who then takes it to the National Federation of Women's Institutes Annual Meeting, this year held in Leeds, where it is further discussed and WI's nationwide cast their votes, if carried the NFWI then act upon it, usually with great success, this year it was carried and all WIs are urged to encourage people to register as an organ donor but with the proviso of letting their family know of their intentions, otherwise if the family don't know, organs can be refused by the family.

On a lighter note, in June we had a very interesting speaker in the form of Valerie Burton speaking on the "History & Memories of Witney Blankets", she told of her time working there, also that of her husband and some of the amusing incidents that occurred. She brought photos of bygone years and also sample woollen cloths that were used, it really was a very thriving business with mills situated along the river Windrush, but with the coming of the duvet unfortunately business began to dwindle and of course the eventual closure of the mills, but I bet everyone at some time or another has experienced snuggling warmly under one of these blankets and perhaps some of you still do.

Our July meeting comprised of a history walk around Upper Heyford given by Ian Lough-Scott (many thanks to him, it's not easy being a man in a woman's world), followed by a light supper in the Reading Room, guests from Duns Tew WI joined us for this very pleasant summer evening and as they say a good time was had by all.

We now look forward to our August meeting when crafts will be demonstrated by Lynn Humberstone and hopefully we will come away with some of our own efforts – here's hoping!

Denise Ball



Heyford Park Residents & Community Development Association

Heyford Park Residents & Community Development Association Committee:

Chris Mullineux	Chairman
Tim Bigelow	Vice Chairman
Angela Ford	Treasurer
Marilyn Brown	Secretary
Marilyn Bigelow	
Edward Fraser	
Ernie Freeland	
Carole Gother	
Alan Harris	
Paul Nash	
Eric Nixon	



Heyford Park Open Gardens Weekend

Above Dory & Fia, winners of the Children's Container

This weekend I sat on the Community Garden Project Site and it was so good to have so many people come and chat to me and show an interest in this project. In total, 9 homes took part in this the 1st of which I hope will be an annual event. It was really gratifying that after 5 long years of trying to get this project up and running as it were, it is finally starting to take shape. It has made people aware of the project, funds were raised, and I got to see many lovely gardens. It wasn't easy to organize on my own (hopefully next year this won't be the case), but the results sure made it worthwhile.

Here is a full list of who won what :

Best front Garden : [Lorraine Annette Sweeting](#) , 2nd place: J. Raz

Best back Garden : [Anna Rosewell](#) , 2nd [Debi Aris](#)

Best Containers:[Preben Lohse Rasmussen](#), 2nd place M.Quinton,

Best Children's Container Garden, Dory & Sofia Bedford, Highly Commended: Alison [Deadman](#), B.Taberner 15 Nettleton, & Lorraine Annette Sweeting.

Congratulations to you all and keep gardening !

Also many thanks to the sponsors : **Chris Ford Photographer** who has taken photos of the winning entries, **Davies & Partners** who donated gardening vouchers, **Wyevale** donating Garden vouchers, **CDC** for giving bags of compost (not strictly a part of the Open Garden Weekend but we won it during the week), **Dorchester Group** who are donating the cost of a bench for the Community Garden, and **Sharon's Plants** for donating vouchers.

I would also like to thank **Anna Rosewell of Anna's Admin**, for printing off many of the entry forms, fliers etc for me, [Anita Sorensen](#) for helping out while I took the judge around the gardens, and the judge who was **Roger Burt** from Upper Heyford who writes the course gardening column in the Valley News, and **Alan Fraser** for bringing up his collection of planes and telling people about the history of Heyford Air Base. Also **Playbus** who offered a bouncy castle but the inclement weather stopped this from happening. If I have forgotten anyone I do apologize as it is not intended and I really am thankful for all the help I was given so as to make this weekend a fun event and much more.

Those who toured the gardens were pleasantly surprised at how some residents had transformed an otherwise plain grassed garden into an oasis of beauty front and back. Roger Burt instantly put the people at their ease, discussing the various plants, the bugs and was amazed at one garden which attracted many butterflies, and even discovered a plant he was not familiar with . Then there was the Children's container and the joy on the two girls faces was such a pleasure to see. All the winners were overwhelmed and it was such a joy to reward their hard work, and inspire them and others. Roll on next year, entries will be invited from next March, so you have time to get your gardens in shape and enter the competition, next year it will be bigger and better. *Sharon Keen, organizer of Heyford Park Community Garden*

HEYFORD PARK RESIDENTS AND COMMUNITY DEVELOPMENT ASSOCIATION OPEN MEETING

We had a somewhat average turnout for the Open Meeting on 14th June, but those present raised some interesting ideas and issues and enjoyed their tea and biscuits! One of our District Councillors, our County Councillor and the Parish Clerk attended. Some of the matters discussed are listed on the next page

The cut-off date for tenants who will qualify for re-housing is being reviewed by the District Council and it appears that a decision is close to making those tenants in residence up to and including December 2013 qualify.

Site Safety and Maintenance concerns had been raised with the Dorchester Group:

- Trees and shrubs overhanging roads and footways
- Dust and asbestos - demolition needs dust monitoring
- Speeding vehicles (including contractor's plant)
- School buses not using the bus layby
- Blocked drains
- Potholes / trenches in roads
- Grass cutting at empty houses

During the meeting questions were asked about:

- Painting of exterior of dwellings
- Defects in houses (some serious)

The Chairman will raise these and report back

The Chairman reported on liaison with Dorchester and Upper Heyford Parish Council about the proposed Neighbourhood Plan for the area. He also reported that Cherwell DC were being required to find land for some additional 6000 houses over and above those they currently have in their Local Plan. It was highly likely that some of these would be allocated to Heyford Park. Thus it is important to maintain an involvement in the planning process. The Committee had previously decided that it wished to be involved in this process.

It is expected that the water supply will be changed to the new system during August. Occupants of houses will be notified before this happens and it is possible that there will be some discolouration in the water.

VALLEY NEWS CONTRIBUTIONS

We have been told that the editor would really welcome stories, reminiscences, notes or poems from or about Heyford Park – come on folks; there must be some talent out there.



THEY'VE GONE!

Ray & Marc our intrepid travellers are now en-route to Ulan Bator, Mongolia. We gave them a good send-off at The Barley Mow on 18th and they departed from Battersea Park, London on Sunday



We wish them well for the 9500 mile journey out and the 9500 mile journey back, all for the fun of it and to raise money for charity—23 countries, 5 desert crossings, 3 mountain ranges, 15,000 feet altitude, and 12 weeks away from home!

You can follow them on <http://marctopbanana.wix.com/genhis-cone>

If you haven't already done so please sponsor them **CRAFT AID UK** or **COOL EARTH** are their selected charities

www.justgiving.com/Raymond-Funnell1

www.justgiving.com/Raymond-Funnell

LOWER HEYFORD PARISH COUNCIL
Minutes of the meeting of the Lower Heyford Parish Council held on
Thursday 19th June 2014 at 7.00 pm in the Church

Present: - Mr Macnamara (Chair), Mrs. Ball (Vice Chair), , Mr Dare, Mrs. Turner

Members of the public : No members of the public were present

In attendance: Cathy Fleet

Apologies: Apologies had been received from Cllr Mrs. Fulljames and Mr. Eggeling

Minutes of the last meeting held on 22nd April 2014 were read and it was RESOLVED to accept these as a true record of the meeting and they were signed by the Chair.

06.14.01 - Election of Officers - Mr. Thompson proposed and Mrs. Ball seconded the proposal that Mr. Macnamara be elected as Chair. Mr. Macnamara proposed and Mr. Thompson seconded the proposal that Mrs. Ball be elected Vice Chair. Mr. Macnamara proposed and Mrs. Ball seconded that Cathy Fleet be elected Responsible Financial Officer and all were duly appointed and thanked for their work. Members of the Playground sub-committee consisting of Emma Mortimore, Frances Bristow, Petra Turner, Beckie Brand, Nicky Elliot, Klara Walters-James, Atlanta Kyte and Leigh Walters James were re-elected

06.14.02 Clerk's Report

Potholes on Freehold St reported Ref 470003

Potholes on Mill lane reported Ref 470004

Potholes on Greenway reported Ref 470006

All the potholes have been filled in part, and it was agreed that all parishioners should be encouraged to report potholes both to CDC and to the Clerk .

06.14.03 - Highways/Footpaths - The millennium seat is cracked and considered to be becoming dangerous. Mr. Thompson to obtain quote for its repair. **ACTION : LT**

It was reported that lorries from Earthline and Pearson Transport as well as Jamie Briggs continue to travel through the village, contravening the Routing Agreement, often travelling excessively fast. Clerk to write to Paul Silver at Dorchester and also inform WPC Caroline Brown. **ACTION : CLERK**

No further information has been received from Savills regarding the trees on land owned by Corpus Christi. Clerk to chase **ACTION : CLERK**

Clerk to arrange for the weeds on the bridge to be sprayed. **ACTION : CLERK**

06.14.04 Meetings - Clerk had attended the Parish Liaison meeting and will report in due course. **ACTION : CLERK**

06.14.05 - Dorchester Living Neighbourhood Plan - The CDC Local Plan has been suspended and will be re-submitted. Dorchester Living are holding a further meeting next week which Mr. Macnamara will attend. Ardley Parish Council has offered to become the lead council in the creation of a Neighbourhood Plan and Mr. Dare proposed and Mr. Thompson seconded that LHPC join with Ardley and other villages to create the plan in order to protect Lower Heyford from inappropriate development and to possibly gain amenities and improvements to the infrastructure surrounding the village. Mr. Macnamara to draft an article for Valley News to inform parishioners. **ACTION : JJM**

06.14.06 - LHRIN - Emma Read and Tom Clayton's term as trustees has come to an end and it was unanimously agreed that they be re-elected. A vote of thanks for the work of the Trustees was made.

06.14.05 Correspondence - Correspondence lists were circulated and discussed . It was decided that in future as correspondence is emailed this would no longer be an Agenda item. Correspondence relating to Agenda items will be discussed under the relevant item.

06.14.06 Playground - The grant from Viridor is in place, The Village Hall Charity has agreed funding and TOE2 will contribute £2000 for planting. Work is expected to commence soon. There will be an opening ceremony to which it is proposed Sir Tony Baldry be invited.

06.14.07 **Planning**

14/00365/F Oak Barn Greenway SSSE - APPROVED

14/00447/LB Forge Yard Freehold Street REFUSED

13/010802/F Romani Gypsy pitches REFUSED

14/00131/TCA Notice of Intent of Tree work Merrys Farmhouse

14/00446/F 107 Freehold Street s x 2SRE - APPROVED

14/00705/F Repositioning of vehicular access The Beeches Station Road

14/00547/F The Beech House Station Road - single storey outbuilding - APPROVED

14/00635/F Canal Cottage Change of Use

06.14.08 **Finance** - The following accounts were approved for payment :

Payee	Detail	Amount	Cheque No
Cathy Fleet	reimbursement for internal audit fee	100.00	500231
ORCC	Subs	50.00	500232
Cathy Fleet	2 months clerk salary	453.64	500233
Cathy Fleet	Clerk expenses	40.97	500234

The End of Year Accounts, Annual Return and Statement of Governance were submitted, approved and signed. These will now be submitted to the external auditor and are available to be viewed by arrangement with the Clerk.

AOB The website has now been updated

Kingdom Hall is undergoing major building work

Archive material has now been passed to Roger Bowen who will catalogue and store it

Date of next meeting : 17TH July 2014

Alfred (Buzz) Buswell 1936—2014

Alfred was born in Upper Heyford on July 21st 1936. He went to school in Upper Heyford and then on to Steeple Aston School. He went into the RAF in 1954 for two years and was stationed at Abingdon and Blackpool where he was a cook. Buzz met Rita and they got married in June 1959 at Lower Heyford church and then lived in Lower Heyford. He loved his football and played for Lower Heyford, he also loved to play darts. Buzz looked after the playing field in Lower Heyford for many years, he would mow the grass and keep it tidy. He loved going to Woodstock club every Saturday with Grenville and Maureen Pratley, Joe Brock and the Gregorys. They would go to the horse racing at Sandown every year. Buzz kept an allotment for years in Lower Heyford and also a vegetable garden at home. He worked for a building company called Collisons for years and then after that he worked for Robin Cox as a painter and decorator, which he loved to do. Buzz retired in 1990 and spent most of his time in the garden, painting and decorating the house, DIY, listening to his favourite music and watching his favourite football team Manchester United.

Buzz was a truly amazing man and will be missed very much by his family and friends. Rita and family would like to thank everyone for the cards and flowers and kind messages during their sad loss.

Buzz, a husband, dad, grampy and great-grampy.

UPPER HEYFORD NEWS



HOME NEWS EVENTS ORGANISATIONS ST. MARY'S AMENITIES PARISH COUNCIL DIRECTORY NEWSLETTERS UH AIRBASE GALLERY

Upper Heyford

Welcome to the new Upper Heyford village website. Please email any comments and suggestions to simon@upperheyford.com. Thank you.

Upper Heyford

Upper Heyford is a small village about 6 miles northwest of Bicester in Oxfordshire

Upper Heyford is located on the east bank of the River Cherwell. 'Upper' distinguishes it from Lower Heyford which is about 1 mile 'lower' downstream along the Cherwell valley.

Events

Please see the [newsletters](#) page for full listings of events and activities.

Goodbye & Good Luck Genghis Cone

Flower Show 2014

Cream Teas at the Reading Room

ArtWeeks 2014

News

Please do submit any pictures, or written material of interest that you may have.

Your new community website is up and running, *but to become a really useful and interesting resource it needs content.* Please do submit any pictures, or written material of interest that you may have, contemporary or archive, or any ideas for additional content, to simon@upperheyford.com

Fridays: August 1st & September 5th Upper Heyford Village Hall

All money prizes & good raffle

In aid of the church Restoration Fund

Ann needs more players to make it worthwhile, so do please support her



UPPER HEYFORD NEWS

Church News – St Mary's, Upper Heyford

Have you visited the church recently? It really is looking lovely with its new welsh slated chancel roof and smart guttering. Internally the Chancel, Lady Chapel & Vestry are now pristine with new plasterwork and refurbished timberwork.

We are most grateful for the financial support of the Oxfordshire Historic Churches Fund and Viridor, plus of course village contributions from the 200 Club, Church lighting, Ann's bingo and the Friends of St Mary's. This completes the first phase of our refurbishment project so we will need to consider what should be next on the list and how we can wisely spend Joan's benefaction money.

Andrew Spooner our church surveyor has done a wonderful job protecting the heritage of the building, and the contractor, Boshers, especially John and his assistant Joshua, first class workmanship. Our thanks to all involved in the project.

St Mary's PCC

Tribute: Hopkins John Jones

Hopkin John Jones (known by most of us as John) was born on the 20th September 1923 on a farm at the edge of a small Welsh Village called Valindra. He was 1 of 5 children - 2 boys and 3 girls.

John and his siblings all played an active part on their fathers farm, John would often reminisce about long days ploughing using the original farming power – horses! A little different to the many tractors you see on Manor farm today. John used to tell us how he had to feed and groom the work horses as well as bedding them down ready for the next days ploughing – how farming has changed.

John and the family lived and farmed In Wales until he reached the age of 14. During this time his mother tragically passed away at a very young age due to illness and John's father made the life-changing decision to uplift the family from Wales and move to Upper Heyford, where he saw an opportunity for the family business and where the farm is still managed today by his son, Hugh.

John also met his wife to be, Sarrana Ronway in Wales, we are not quite sure how they courted as Ron at this time lived 160 miles away in Ponterdilias Wales!!! But they married each other in 1948, and whilst living with the rest of the family here at the farm they worked together until John's father decided to move back to Wales, and leave his two sons Di & John to continue on their own.

John and Di continued farming for several years until Di then made the decision to move to Caulcott farm, leaving John and Ron to run the farm together here at Upper Heyford. They continued with their life together and had their children Jeffery, Lynn and Hugh.

In John's early years as a farmer he was very progressive, he looked very much ahead. A good example of this progression was that John became one of the very first

farmers in the country to implement an automatic silo storage and feeding system, which originated from America, erected in 1962 and still standing and being used today. The silos were used for Moist Grain and high quality forage such as Loucern, Maize and grass, these were used to feed the cows which produced high yields and high quality milk. The system was a great success and John's cattle were noted locally for having a good finish.

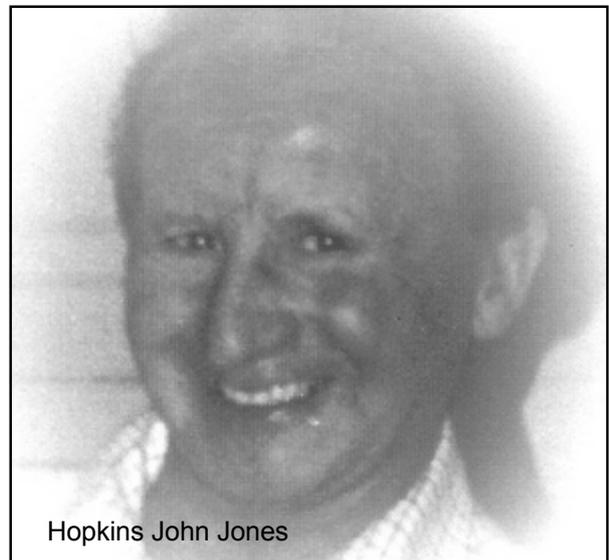
During their years on the farm the family extended and John and Ron had great pleasure from their growing family when the grandchildren arrived.

John farmed until 1990 when he retired after a short illness, and left the farm to live in Orchard Lane where he continued to take interest in the farm, and kept a keen eye on its progress!

5 years ago his wife developed Dementia which dramatically changed their life and John became a full time carer for her, he devotedly cared for her until the time came when he could no longer continue and specialist care was needed, this was not something that could be provided in their own home. They were both invited to stay at Juniper House in Brackley where this care was available and the nursing staff were just wonderful with Ron, and she was happy right up to her passing in February 2013.

John was broken hearted and tried very hard to continue without his wife but unfortunately losing her took its toll and he passed away very peacefully 16 months later to join her. Hugh and I would like to take this opportunity to thank the staff of Juniper House for all the care, affection, and so often for their own time that was so kindly given sitting with John and Ron when they felt it was needed.

Finally to a dear friend of theirs Andrew Grimmett, who was so very kind giving up his own time to visit them in their home, helping John with small DIY jobs and also taking them out on small outings to the garden centre, where they both loved to go for this we would like to thank you Andrew.



Hopkins John Jones

Hugh & Deborah Jones



20 Years Caring for Pets

- Local friendly caring independent vets specialising in dogs, cats and small family pets
- Modern premises with excellent facilities. Separate dog and cat wards. On-site parking
- Gold standard care - unlike most vets we have a nurse working through the night caring for our patients
- Quality health care - independently inspected and accredited by the RCVS to veterinary hospital standard
- 24/7 emergency service - provided by our own vets

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Browning Drive, Bicester, OX26 2XL

Coarse Gardening

This is the time of year to visit other peoples' gardens, especially if they have invited you and have uncorked the white wine. When we held the village Open Gardens and Strawberry Fair in June, I had a chance to visit a few which I had not seen before. It was a brilliant day, not least because of the superb weather, but also - of course! - because of the beautifully prepared and presented gardens on display, and the delicious, splendidly organised teas on the village green. The roses were not all over after all, and then there were Pimms and strawberries, English green grass, warm sunshine and cheery company - who needs Greek islands? It is clear that we must try to do this again in future years. Lots of suggestions for ways in which to improve the event have come in, mainly to do with the timing, the time allowed for viewing, and ideas for further catering. And then, on Sunday 6th June, I had the very gratifying job of judging a garden competition at Heyford Park, where all the gardens are small and the gardeners who entered very keen. Both of these events were enlightening, in that the small gardens on display were absolutely inspiring, little areas designed like pieces of jewelry and glowing with colour like the jewels themselves.

The idea of the garden being an 'outside room' as an adjunct to the house is even more compelling when the garden is, in fact, little bigger than the living-room. This was the case with the winning back garden at Heyford Park, which was utterly outstanding, a plantsman's garden, easily of Chelsea standard, packed with excellent plants which were just glossy with health, good for all twelve months of the year, not a weed nor a caterpillar in sight. It showed me what to aspire to when this place gets too much for me - like, say, the middle of next week. Added to this, friends of ours are having their small cottage gardens - front and back - re-modeled and replanted in a really exciting manner, making inspired use of small spaces. It'll all be brilliant when it's finished. I feel quite jealous and almost (not quite) ready to downsize and pinch all their ideas.

Another Heyford Park garden I shall not forget was the one entered by two tiny girls, Dory and Fia. It comprised a large pot full of soil with one rockery plant in it and various other things, all designed to attract fairies. We knelt on the front lawn to look at it. Once their shyness had thawed out, I was told, with great solemnity and in detail, the little girls taking turns, what each thing was for. There was a bottle-cap pond, with real water in it, for fairies to bathe in, glass button stepping-stones, a model archway with steps for them to sit on, a clear plastic dragonfly about two inches across which, I was given to understand, soaked up the sunshine and would then glow in the dark so that they could see at night, and a whole load of other things which I have forgotten. The little girls' enthusiasm, imagination and enterprising artistry was a pure delight. Of course, they got a prize. Sadly, Tinkerbell did not show, at least not while I was there.

My own garden continues, in part at least, to look like a bit of Amazonian forest which was subjected to slash-and-burn a couple of years ago and is now regenerating, with sow thistles zooming above head height and teasels likewise, in the manner of tropical fig trees, while skeins of goosegrass clamber over all like small-scale lianas. The best I can say for it at the moment is that it is well manured. Since we are wildlife-friendly, our little pals reward us regularly, offerings from hedgehogs, foxes and muntjac deer being deposited almost every night, especially on the grass pathways where the soles of shoes

and sandals may be employed to distribute them. In the big ash tree on the lawn, magpies, jackdaws, crows and a woodpecker or two queue up to reward us for chucking out our crusts and lamb chop bones. Chirping flocks of small fry await their turn. Thank goodness we don't have seagulls. Pigeons, too, are most generous, the stone terrace being their main target, especially after they have been eating purple berries. They are not the only ones. Just above our bedroom window there is a hole in the stonework of the wall where sparrows nest. Above the hole is a convenient iron spike - the whole north end wall of the house is peppered with nails, spikes and vine-eyes; there must have been a substantial climber of some sort all over it in the past. Teams of sparrows alight on the spike to have noisy conversations with whoever is already inside the hole (making sure we wake up in time for dawn), and while they are there release small guano-bombs onto the stone windowsill below. The vivid green and yellow patchwork of tiny mosses and lichens on this windowsill is now quite something. You cannot see the actual stone at all. It looks as though it has been carefully painted on by a particularly skilled camouflage artist, as maybe some sort of advert for www.spadgerpoo.com.

The weather is hotting up and I am slowing down. I have a confession to make: I can't really do hot weather. I can manage sitting in soggy chairs on the lawn, with a good book and a cool drink; I enjoy the old sports car with the hood down; watching boats slide along the canal is okay - but work? Carving inroads into the thistles? Nah. When the thermometer hits about twenty three degrees Celsius, that's me done. I can just about manage to pick a few ripe gooseberries and eat them, but precious little else. Others may care to bounce about on blistering tennis courts, put on big boots and go for invigorating cross-country marches in the noonday sun, or stand around for hours on cricket pitches getting seriously dehydrated, but not me. I blame my Scandinavian heritage: I'm a Norfolkman and we're all Vikings, you know, quite tame by now, some of us, but we do love to feel the sleet in our faces and get the crab boats out in a good, full-blooded winter gale.

Topical tip: Hot Weather Management. If your conscience impels you to consider serious gardening in the middle of a heatwave, here is what to do. Bite the bullet and get up very early, while the day is still cool. Eat a hearty breakfast - healthy muesli, fruit juice, slice of melon; feel warm glow of satisfaction at being so good; then follow up with some actual food; fried eggs, bacon, sausages; another egg, grilled tomatoes, mushrooms; slice of fried bread; maybe just one more sausage; toast and marmalade. Take healthy exercise - walk briskly to easy chair, carrying newspaper and mug of tea. Quickly scan paper for any scary stuff about cholesterol, statins, etc. Nod off for a moment or two. By the time you wake up it'll be far too hot to work, so that's all right.

Time to snooze in a deckchair now.

Enjoy your summer, Roger Burt.

'The winner of the Best Back Garden on Heyford Park will be opening her garden in aid of Katharine House Hospice on Sunday 3rd August 11 - 4pm. 17 Roper Road, Heyford Park, OX25 5TS. Entrance by donation'

SOMERTON NEWS

Somerton Parish Church News for July

Following our Annual Parish Meeting in May, we are pleased to report that Anna Simpson has agreed to take on the role of Secretary to the PCC and we are most grateful to her for this. Meanwhile without Church Wardens we are working as a team to fulfil the necessary duties. Linda Mitchell and Jill Burton brought the Gift Aid records up to date and submitted to HMRC resulting in a refund of £4,300 for a twenty month period.

During the last month we had the funeral of Ray Clare, a respected and long-time member of our community. The marriage of Victoria Corner to George Brown took place on Saturday 28th of June – we were all so pleased that the torrential rain of the morning cleared to sunshine for the arrival of Victoria at the Church. Sarah Anne Corner will marry Scott Gardner on the 19th of July.

Two crenellations on the roof of the church fell on to the Fermor Chapel roof about two weeks ago. Alan and Linda Mitchell have kindly volunteered to manage the repair which will involve liaising with our insurers and the architect, ensuring any necessary diocesan permission is obtained, and overseeing the workmen.

Churchyard maintenance – we are grateful for all the efforts of Tony Callow on this unending task and thank you all who came to help on the Saturday morning clearing day he organized. There will be more and we hope that members of the parish might take on small tasks in different areas of the graveyard on a regular ongoing basis – some have already volunteered!

Annie Hunter held a wonderful tea party in her garden when volunteers to joined a rota to ensure that there are always some fresh flowers in the church. The church cleaning rota has also been updated and expanded but volunteers for both things are always welcome – even on an occasional basis. Victoria 345234 Jill 345147

On 25th July a concert was held in the Church in aid of Cecily's Fund organized by Basil and Alison Eastwood Family Communion on 27th July was an occasion to thank Anne Corner and Roger Thomason for their service and support to the Parish as Church Wardens for many years.

Forthcoming Events

28th Sept. Harvest Festival

29th Nov A choir from Oxford will perform in the Church (organized by Minna Moller Thompson in aid of charity)



Come and join us at SWIG (Somerton Women's Independent Group) on the 2nd Tuesday evening of each month.

Tribute: Raymond Tuckwell Clare 26th December 1923 – 6th June 2014



Ray was born at Manor Farm, Beckley, near Oxford, the second son of John and Elsie Clare. Ray had an older brother Dennis, younger brother Norman, and sister Joyce. They moved to Windmill Farm, Clanfield, Oxfordshire in the 1930's, before moving to Portway Farm, Fritwell (now Park Farm) with his family in 1941. He was not called for service during the war, as he was required to work on the farm.

Ray married Sheila Eagle in the 1950's, and had a son and daughter, Stephen and Robina. They lived in Portway Farmhouse (later demolished to make way for Deans Chicken Farm). He had the farmhouse built at Rectory Farm in the early 1960's, and shortly afterwards his wife Sheila was killed in a road accident.

While farming at Rectory Farm Ray had a dairy herd, which was driven up the road from the meadows twice a day for milking in the summer until the mid 1970's. He enjoyed playing tennis, and played at some tournaments, and also went clay pigeon shooting. From 1980 to 2005 Ray was on Somerton Parish Council.

Ray met Primrose, who he later married in 1969. He then had two sons, Neil and Brian. Ray and Primrose semi-retired from farming in the 1990's, and converted what was the milking cowshed, to a dwelling to live in. He enjoyed some of his retirement growing vegetables in the garden and entering them in the village produce show, winning prizes, as well as trophy cups.

He was very active in his 80's, until sadly he was diagnosed with Sarcoma Cancer in his leg. He had an operation to remove it, which seemed successful at first, until three years later it came back. He had two further operations, in which the latter one he had his leg amputated. While he was recovering the cancer appeared on his lungs. He died at Witney Hospital on 6th June aged 90.

His funeral was held at Somerton on 17th June where we remembered and celebrated his life. We would like to thank all those who helped and contributed with the funeral and made it a really special community event, which Ray would have liked and enjoyed. Even the lambs in the adjoining field joined in during the interment.

The collection from the service will be divided between the church and Cancer Research, where it will help the village by supporting the church, and go towards helping prevent cancer. We would also like to thank all those who donated.

Welcome to the Heyford & Caversfield Area Children's Centre

We are committed to providing a warm, safe and welcoming environment where all children and families are happy to come. The children who come to the centre will feel valued and listened to in an inclusive environment.

We provide a wide range of activities, information and support for parents, carers and children 0–5 years in the rural areas north of Bicester including Ardley, Bainton, Bucknell, Caversfield, Finmere, Fringford, Fritwell, Hardwick, Hethe, Somerton, Souldern, Stoke Lyne, Stratton Audley, Lower and Upper Heyford.

For example:

- Stay and play sessions
- Playbus (village locations)
- Parenting Education Courses
- Adult education

For you and your baby:

- Self-weighing scales
- Baby massage
- Baby moves (movement and sensory development)
- Breastfeeding support

Please see our programme for details of current activities and events and where these are taking place in your local area. We offer Outreach support on a one-to-one basis with families and adults caring for children who are aged 0-5 years, working to help resolve issues that may be affecting their quality of life and support them in improving and strengthening their family. We recognise that there may be occasions when families would benefit from one to one support at home. Our workers can visit at home to provide a low key, friendly introduction to our services and accompanied visits to drop-ins and groups. The aim is to encourage and support parents to use the services on offer. We may be able to offer more intensive support if that is appropriate.

Take a look around the site and find out more information about the activities, courses, services and information we offer.

Faye Thompson, Administrator, Email: faye.thompson@oxfordshire.gov.uk; web www.oxfordshire.gov.uk

Heyford/Caversfield Children's Centre (Weds), Tel: 01869 233151

Brice Road, Upper Heyford, Bicester, OX25 5TE

Ambrosden Children's Centre (Mon, Tues, Thurs), Tel: 01869 327587

Blackthorn Road, Ambrosden, Bicester, OX25 2LN

Personal Assistants Required

Personal assistants are required to assist a gentleman who has advanced dementia and who lives at home supported by his wife. PAs will help him with things such as personal care and domestic tasks related to his care. They will also provide him with company and support for some social activities e.g. going for walks.

Applicants should have experience of caring for people with dementia; be able to build good relationships; have a calm and steady manner and be good communicators. Flexibility on time and tasks is required as well as the physical ability to assist with personal care. Applicants should be non-smokers and will preferably have their own transport as the gentleman's home is in a village with a limited bus service.

Care is required during the daytime and evenings both during the week and at weekends. "Sleeping/waking night" care is also required. Hours will be arranged on a flexible basis to be mutually agreed. Continuity of care is very important and applicants must be able to work on a regular basis.

The rates of pay will be: weekday @ £8.50 per hour and weekends @ £11.05 per hour

Night care pay to be discussed.

Successful applicants will need to provide references and have a DBS check (paid by us). Moving and handling training will be provided as well as training for any specific care needs. All costs related to these will be met by the employer.

Please email your CV with a covering letter expressing your interest to annafitzzy63@gmail.com

Poppies and other medicinal plants used in WW1.

'Come to the orchard in spring. There is light, wine and sweethearts in the poppy flowers.'

The Romans believed the poppy was raised by Ceres the corn goddess. At one time Ceres was very tired so the God of Sleep made the poppy which induced Ceres to sleep. Her strength returned and the harvest was again plentiful. When Demeter the goddess of the harvest was searching for her daughter Persephone, she grew very tired and the gods grew poppies at her feet so she could rest for nine days. Full of new energy, she went down into the underworld and found Hades, the god of the dead, who had taken her daughter, Persephone. Together they agreed that Persephone would be allowed on earth for six months over the spring and summer and then would go back into the underworld of the dead for the winter.

The Latin name for the poppy is *Papaver Rhoeas*. Pappa means breast and refers to the milky white substance in the seed head that helps with sleep. Rhoeas means red. The seeds and flowers are used in mixtures to aide sleep and as a mild pain reliever. All of the plant can be used as a vegetable. A syrup made from the seeds and flowers is of help with catarrh, colds and consumption. A tea made with the leaves and flowers helps with asthma, bronchitis and other infections.

One poppy head can produce thousands of seeds which can lay dormant in the soil for many years. This is probably why they are the first flower to grow on desecrated fields after wars. The Royal British Legion adopted the red poppy as a symbol for the Poppy Appeal in 1921. In 1933 the Women's Co-operative Guild adopted the white poppy as a symbol of peace to end all wars. The white poppy is now the symbol of the Peace Pledge Union.

There were several other medicinal plants that were used in England and for soldiers injured in the first world war. One of these was digitalis. Digitalis helps strengthen the heart and regulates its beatings. Yarrow was used in ointments and dried to staunch wounds. It helped fight infections and healed cuts and bruises. Its tea is used for colds and other infections. It also helps to stop both internal and external bleeding and regulates the menstrual cycle. The oil of St. John's Wort was used on burns, ulcers and inflammations. It is also used to help fight viral infections. Nettle's tough fibres were used to make clothe for soldier's uniforms. The dried leaves were used to stop bleeding and to disinfect a septic wound. A cream is used for rashes and wounds in general. Because it has many vitamins, minerals and salts, the tea fortifies the blood and help with the circulation and cleansing of the blood.

Debra Kaatz



Exciting Changes at Fritwell School!

By the time you read this the children will have broken up for the summer break, and our Year 6s will be enjoying a well earned rest after having done so well in the recent SATs tests. Over half of our children (56.5%) achieved Level 5 and above in Maths, with 17.4% getting Level 6 (national expectation is Level 4). Similarly, 60.9% achieved Level 5 and above in Grammar and Spelling (13% Level 6), whilst 56.5% got Level 5 and above in Reading. Well done to all the year 6s. We're really proud of you all and wish you all the best for the future. As the headline says, we have some exciting changes going on at Fritwell School in September. We have devised an exciting new curriculum which incorporates the



content of the National Curriculum 2014, and much more! The aim is to make it as creative as possible, whilst developing the children's independence and utilising our wonderful outdoor space as much as possible. We also have three new, experienced teachers joining us, who we're very much looking forward to welcoming onto our team.

Music and PE are going to be high priorities for us too. We already have a very well developed music curriculum, with every child learning a brass instrument in Year 5 and peripatetic teachers coming in to give lessons in strings, woodwind and more contemporary music (including drums and guitars). Next year we hope to teach a tuned instrument to every child from the Lower Juniors and to develop our Year 5/6 choir. Our children sing with such enthusiasm, it really is a delight to listen to!

Throughout the year we have taken part in competitive sports alongside other schools in the Bicester Partnership. For a small school we have done exceptionally well as I've often reported in these newsletters. Just recently our Year 6 girls won the Girls' Quik cricket tournament- quite an achievement! We hope to develop sports more next year and will be offering a club based on a healthy lifestyle called "Boing!" as well as a fencing club and a Quidditch club.

Finally, we will be starting a new venture in September, providing wrap around care for those who require it. Fresh Start, our school lunch providers, will be running a Breakfast Club, whilst after school care will be offered by Create Childcare, an established provider who achieved "Good" in their OFSTED inspection. Should you require any more details please contact the School Office. I hope you all have a restful summer and a good break.

Debbie McLeod, Headteacher



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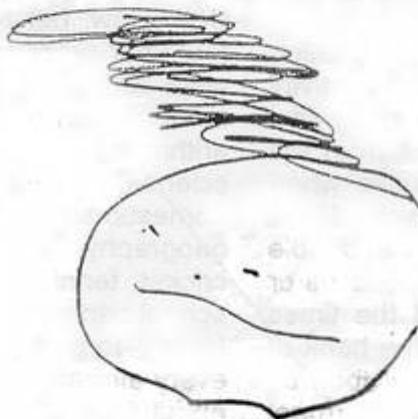
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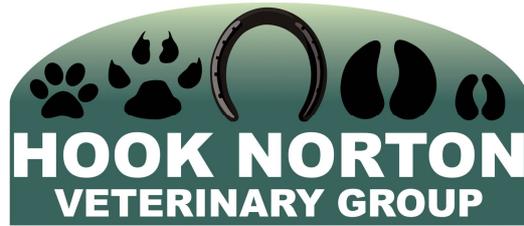


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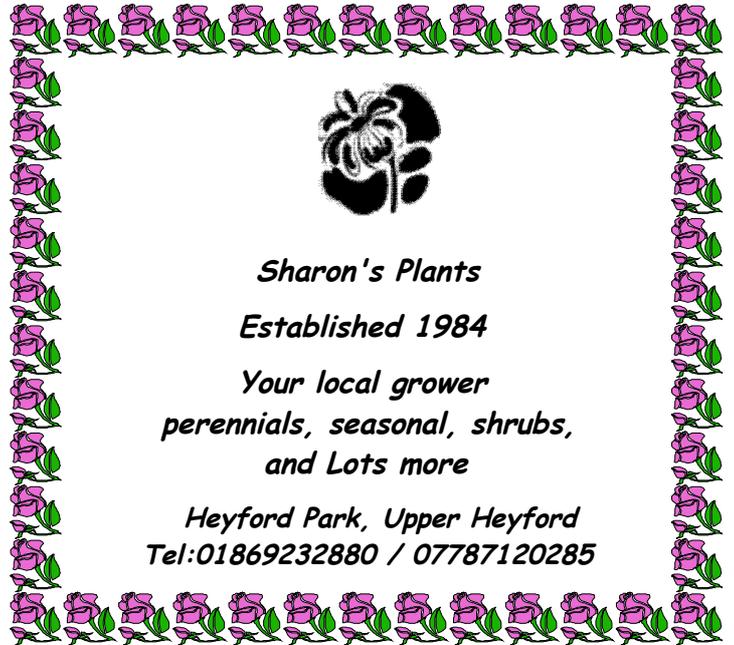
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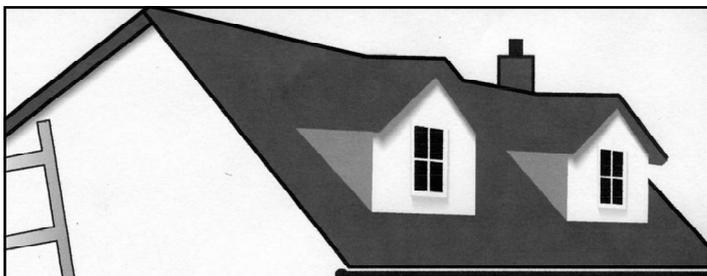
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Events Calendar - At a Glance

Friday 1 August	Ann's Bingo, Upper Heyford Village Hall	7.30pm
Sunday 3 August	Garden open 17 Roper Road Heyford Park OX25 5TS	In aid of Katharine House Hospice 11—4pm
Monday 4 August	War Memorial Upper Heyford RBL Great War ceremony	10pm Lights Out
Sunday 10 August	Cream Teas Upper Heyford Reading Room	2—4pm
Wednesday 13 Aug	Warreners Club Upper Heyford Village Hall	2—4pm
10—19 September	Great War exhibition Somerton Church	11—5pm each day
Saturday 16 Aug	Fritwell Flower Show	
Wednesday 20 Aug	Heyfords WI Upper Heyford Reading Room	7.30pm
Wednesday 27 Aug	Mum & Daughter Pamper Day Heyford Park Chapel	10am—4pm
Friday 5 September	Ann's Bingo, Upper Heyford Village Hall	7.30pm
Saturday 6 September	Somerton Flower Show Village Hall	
Wednesday 10 Sept	Warreners Club Upper Heyford Village Hall	2—4pm
Thursday 11 Sept	St Mary's Lower Heyford Rev'd Geoff Price licensing	7.30pm
Saturday 13 Sept	Ride & Stride Oxfordshire Historic Churches Fund	9—6pm cycle ride local churches
Saturday 20 Sept	Upper Heyford Autumn Show Recreation Field	2pm
Saturday 20 Sept	Souldern Market Village Hall	9—12 noon
Wednesday 24 Sept	Heyfords WI Upper Heyford Reading Room	7.30pm
Saturday 27 Sept	Macmillan Cancer Support event Upper Heyford Reading Room	2—4pm
Sunday 28 Sept	Harvest Festival, Somerton	